## Samantha Chhom Interview

### How do you feel seniors are integrating with new technologies in society today?

I find that technology these days is becoming very difficult for seniors to adapt to. That said, I also know that there are some seniors that are very "tech" savvy. However, the specific demographic that I deal with consist of seniors who have not had a lot of experience using technology.

Our society is filled with technology, but we must understand that seniors also like the traditional way of doing things. More specifically, talking to others face to face and having that sense of personal interaction is very important to them.

### Do you feel that there is an interest from senior citizens to learn how to use computers and their respective social media outlets?

There is a strong interest from seniors. They want to learn how to use computers. However, they need a computer constantly to refine their skills. Facebook, and Skype would be essential, as many family members they have live overseas. I also think that it would benefit them further if they also had someone who could assist them all of the time in addition to workshops.

### What do you feel if the greatest benefit of seniors learning how to use computers?

I feel that their social interactions will definitely increase. They can also use various social media for entertainment such as Youtube. Life skills would be learned such as booking Wheeltrans transportation services for any of their travel needs. Computers could also be educational through Google.

### In what way do you feel our workshops have benefited the seniors?

By you guys coming here. they learned the basics of the computer. But I think the interaction of your workshop staff was a positive change compared to what they experience every day. We all need interaction with different people in the community to feel a "closeness". This exposure is what I think will benefited them the most from your workshops.

### Any suggestions for a project like this next time?

Providing seniors with their own laptops so that they can keep it in their possession would be great. Perhaps providing them with cell phones would also compliment their learning. I know you can do a lot on a phones such as use E-mail, and Google aside from calling. I think small groups work ed really well. . Ideally more workshop sessions a week would be best. Providing laptops permanently would also be an asset so they can maintain contact with each other and their families - post workshops.